




## Electric fence

<b>Title of activity</b>	Electric fence
<b>Theme</b>	Team-building.
<b>Learning goals</b>	In addition to the purely playful dimension, which is also useful for team-building, the activity stimulates problem-solving skills and requires the participants to work together to develop and implement strategies to achieve a shared goal.
<b>Target audience</b>	Group size 10-30 (no specific age or skills required).
<b>Type of activity</b>	Exercise.
<b>Keywords</b>	Cooperation, problem-solving, leadership, inclusion, communication issues
<b>Step-by-step</b>	<ol style="list-style-type: none"> <li>1. Before starting the activity, the trainer writes on the flipchart "Challenge by choice" and explains to the participants that there is no obligation to take part in the challenge and that everyone has the right to decide whether to challenge themselves or not.</li> <li>2. A piece of rope is introduced as an "electric fence" and placed at approximately 1m above the ground. All participants have to pass over the rope without touching it, BUT they have to maintain contact with each other at all times until everyone passes from one side of the "fence" to the other.</li> <li>3. The group can test different ideas within the rules of the game and choose one to perform within a time limit. If one member of the group touches the rope or loses contact with the other, the group must start again.</li> </ol>

	<p><i>Debriefing</i></p> <ol style="list-style-type: none"> <li>1. Firstly, all participants are asked to share their experience of the exercise.</li> <li>2. Next, we evaluate the exercise briefly by asking for a range of impressions about what has been learnt, and how it can be used in the everyday youth-work contexts that the participants are involved in.</li> </ol>
<b>Venue</b>	Meeting room or outdoor space.
<b>Materials required</b>	Piece of rope, cushions/gym mats.
<b>Duration</b>	40 min.
<p><b>Contact</b></p> 	<p><b>AMESCI</b> – Italy  <a href="http://www.amesci.org">www.amesci.org</a></p> <p>Contact person: Guido Spaccaforno  <a href="mailto:internazionale@amesci.org">internazionale@amesci.org</a></p>