




## My own personal heritage

<b>Title of activity</b>	My own personal heritage
<b>Theme</b>	Identifying and exploring your personal qualities, as personal heritage
<b>Learning goals</b>	Icebreaker type activity, getting people to identify and consider what makes them special and unique, what is part of their personal heritage.  The exercise draws the group closer together and nurtures the process of participants feeling free and open to reveal information about themselves in the beginnings of stories or interesting facts
<b>Target audience</b>	16 year old+
<b>Type of activity</b>	Presentation/ exercise/ discussion
<b>Keywords</b>	Public speaking, heritage, revealing facts, hidden qualities, identity, uniqueness
<b>Step-by-step</b>	<ol style="list-style-type: none"> <li>1. We show a simple line-drawn image of a face on a screen (or flip chart paper stuck to a wall) with a series of questions or statements around it: <ul style="list-style-type: none"> <li>- I got my nose from my...?</li> <li>- I am famous for...?</li> <li>- I have a talent for...?</li> <li>- I have NO talent for...?</li> <li>- The most obvious stereotype in me is...?</li> </ul> </li> </ol>

	<ul style="list-style-type: none"> <li>- How many generations can I go back in my family?</li> <li>- What am I most defined by?</li> <li>- What is my everyday language?</li> </ul> <ol style="list-style-type: none"> <li>2. Participants draw their own face and answer the questions around their face in 5 minutes</li> <li>3. We pick one by one each question and ask participants to reveal their answers.</li> <li>4. Some answers will be funny, others serious, superficial or meaningful. The idea is to get people to both think about and then reveal their 'hidden' qualities as well as make them focus on the heritage within them.</li> </ol>
<b>Venue</b>	Meeting room or outside in a circle
<b>Materials required</b>	Projector, screen, (or paper)
<b>Duration</b>	40 min
<b>Contact</b> 	<b>Union APARE-CME – France</b> <a href="http://www.apare-cme.eu/en/">http://www.apare-cme.eu/en/</a>  Contact: Armonie Segond – <a href="mailto:chantiers@apare-cme.eu">chantiers@apare-cme.eu</a>