



Co-funded by the
Erasmus+ Programme
of the European Union

Transnational Training & Creative Workshop
for Youth workers and Heritage animators

SUPPORTING YOUTH ACTIVE CITIZENSHIP THROUGH RURAL HERITAGE

From 03/09 to 08/09/2016
GREECE – Aegina & Athens, Attica region



A workshop organized by Mediterranean Centre of Environment-Greece in partnership with Union APARE-CME and in collaboration with the Partners of YCARHe, a project supported by the Erasmus+ Programme of the European Union.

At your arrival

➔ Starting Dates

The Workshop starts on the 3rd of September (arrival of participants on Friday 2/9) and ends on the 8th of September (departure from Athens on 9/9).

➔ Meeting Point

Meeting point on the 2^d of September

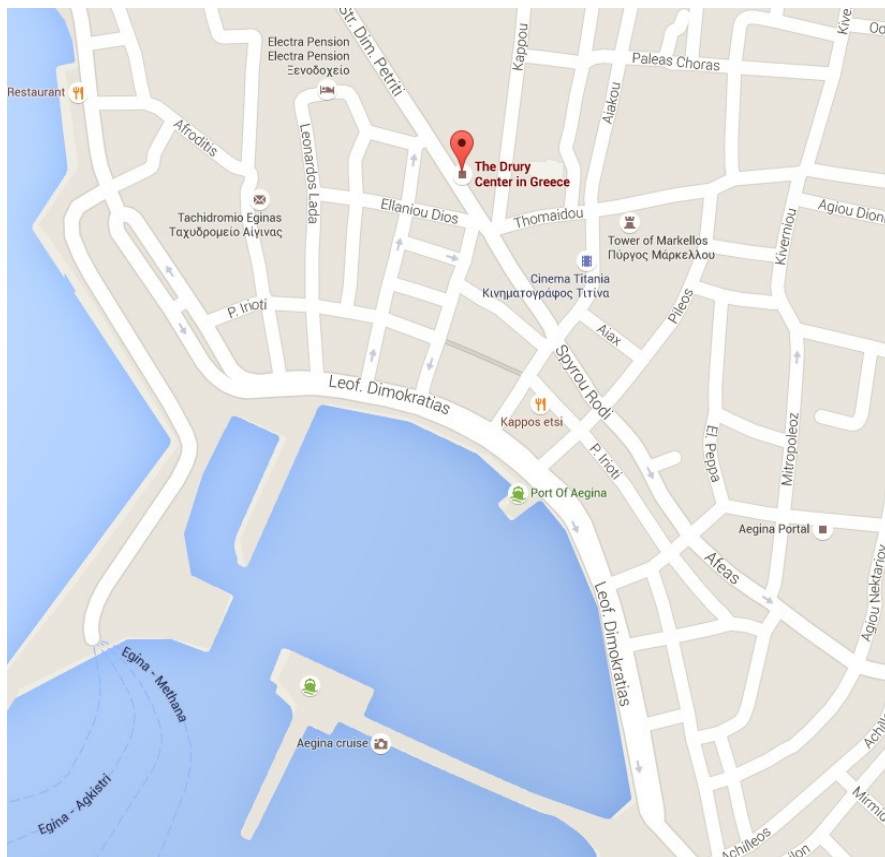


Drury Centre

Petriti 2, Aegina 180 10

Contact: Isabelle Trinquette and Elisavet Tzovani, from the Mediterranean Center of Environment, will wait for you.

Tel. +30 6974981323 (Isabelle) - +30 6977638936 (Elisavet)



How to get their

Flight to Athens airport – Eleftheriou Venizelou Airport

Then you will join Aegina by ferry from Piraeus.

<https://www.aia.gr/traveler/>

From the Airport to Piraeus



By shuttle bus

Take Bus X96 which takes you straight to the Port of Piraeus –

Ticket Price: € 6

Duration: Approximately 90 min. trip depending on the traffic conditions.

[Click here](#) for more information about the bus route map and timetable

NOTICE! There are several stops during the journey and at the Port of Piraeus, get out station KARAISKAKI SQUARE you will have the Gate E8 in front of you.



By Metro

Take Line 3 (blue), change in “Monastiraki” for Line 1 (green) to Piraeus (last station).

Ticket Price: € 10 (you can ask ticket for 2 or 3 persons for better price)

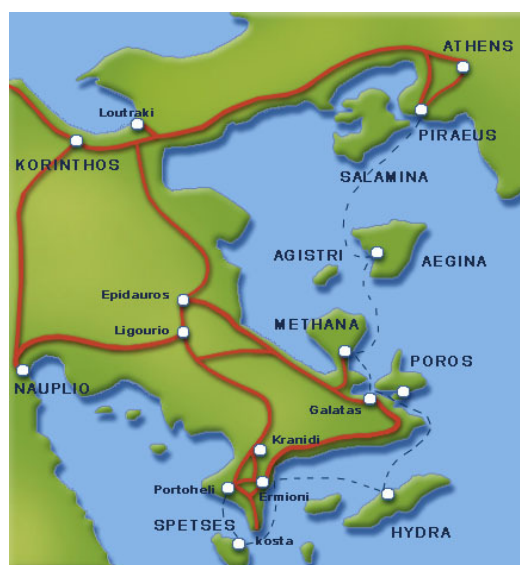
Duration: Approximately 1 hour trip.

NOTICE! Metro is departing ONLY every 30 minutes from the airport

From the port of Piraeus to Aegina island

You get off the bus (Karaiskaki Squ.) or metro and the Port is in front of you: on your left side, enter [Gate E8](#). This is where the Ferries and Flying Dolphins are departing to Aegina. The Ferries are lined up at one end of the quay and the Flying Dolphins & other high Speed vessels at the other end.

[Click here](#) for the Piraeus Main Port website
[Click here](#) for all boat information and timetables for Aegina (timetable may change, please check it before leaving your country!).



By Ferry or Flying dolphin

Ferry. You can take the [Saronic Ferries](#) or take the [Agios Nektarios Ferry](#)

Ticket Prices. € 8 to 10 for a one-way ticket.
Trip Duration. 60-90 minutes.

Flying dolphin. There are 2 companies: [Hellenic Seaways](#) (blue, white & red) and [Aegean Flying Dolphins](#) (blue & yellow). Tickets for the Flying Dolphins are more expensive than tickets for ferry boats.

Ticket Prices. €14 (one way single ticket)
Trip Duration. 40 minutes.

NOTICE! You have to buy your ticket on the quay, at the ticket offices. For Ferry only, if you are late they will also let you buy your ticket on the ferry (NOT possible on board the Flying Dolphin).

Your contacts

- Before your departure:

Anne-Gaelle JAY – Project leader – Union APARE-CME, France:
international@apare-gec.org Tel.: +33

- While you are in Greece:

Mediterranean Centre of Environment
Polynikous 2 - GR 17455 Alimos
Tel/Fax +30 213 0243159 Greece

Elissavet Tzovani - GSM +30 6977638936
Isabelle Trinquelle – GSM +30 6974981323

General context: the project YCARHe

Project rationale

In most European rural areas, more and more young people find themselves today in a socially and civic marginalized situation for various reasons: geographical isolation, ever-increasing rural poverty, difficult access to employment, low level of participation in decision-making processes, low capacity for initiatives by lack of support, low interest in the resources or assets of their region and low awareness of the assets these resources could offer for their professional and personal development, bigger difficulty than urban young people to join international mobility programmes.

Yet, many rural youth organisations are trying to reinforce young people's involvement in their region but they are having more and more difficulties to elicit their commitment, this due to a lack of tools and means which are adapted to their expectations and difficulties, and a lack of sufficient knowledge of the resources

which local heritage can represent to support their civil participation, while organisations involved in rural heritage preservation are having increasing difficulties to mobilize young people.

At the same time, cultural heritage, whether tangible or intangible, represents a fundamental basis of the identity of rural areas and it is often in danger of disappearing in the absence of a transmission and efforts to recapture this heritage which are adapted to younger generations. Yet this heritage represents a concrete support for the development of an active European citizenship as well as a source of employment for little or not qualified young people.

YCARHe (Young Citizens in Action for Rural Heritage) brings together 6 partners (youth and cultural organizations) in 5 countries (Bg, Cr, Fr, Gr, It) to address these findings in a global and interdisciplinary manner.

Objectives

The project aims mainly at **reinforcing rural young people's citizenship, personal development and entrepreneurial spirit based on rural heritage.**

For this purpose, YCARHe wishes to:

- Reinforce the quality and the innovation of non formal educational methods for young people in the field of rural heritage, and to integrate them better in educational pathways to citizenship which are carried out by youth organisations;
- Reinforce the cooperation between youth organisations and rural heritage preservation organizations;
- Develop a transnational and intercultural non formal education programme for European rural young people, especially for those who are in marginalized social situation or dropping out of school, in order to lead them to engage for their local communities through collective and individual actions for their local heritage;
- Disclose the methods, tools and results of the project at European level.

Activities of the project

To meet these objectives, YCARHe is based on 5 complementary activities,

- The **formulation of a European frame of reference for the training of youth leaders and rural heritage animators** on the theme of non formal education to heritage and citizenship which integrates innovative educational methods such as the use of Heritage Interpretation,
- The **Transnational Training & Creative Workshop for Youth workers and Heritage animators** in Greece you are taking part to,
- **3 Workshops for rural young people** of 6 days in Bulgaria, France and Croatia,

- The creation of an **E-Learning platform** in 6 languages aimed at European youth animators, rural heritage animators and European rural young people.

YCARHe partnership

YCARHe project is implemented by a consortium composed of 6 organisations in 5 countries:



Union APARE-CME - France (project leader)

www.apare-gec.org

Union APARE-CME has more than 20 years' experience in managing European projects. As a youth and international volunteering association, it organises heritage and environmental youth workcamps in Europe and the

Mediterranean

basin.

Union APARE-CME is a hub of expertise linked to the participation of local people and young volunteers in support of heritage.



Mediterranean Centre of Environment - Greece

www.medcenv.org

The Mediterranean Centre of Environment is a non-profit civil society set up in 1992 by a Franco Greek team aiming to promote the development of human activity taking into account the environment and the culture of the Mediterranean and the Balkans.

Our objective: Responding to needs within the Euro-Mediterranean region

The Mediterranean Centre of Environment sets up local, national and European projects in order to:

- contribute to the Euro-Mediterranean dialogue, encouraging joint action and mutual respect of the various cultures
- raise awareness of the population, particularly young people, of the need to protect their heritage and their environment
- carry out local programmes aimed at preserving and enhancing natural and cultural heritage



Udruga za otocni razvoj "Brac" / Association for the development of the island of Brac – Croatia

The Association for the Development of the Island of Brac was established on 13 October 2008. Its aim is to preserve and promote all that is precious about Brac. The main area of this association's activities is educating and training of the island's residents in sustainable development as well as preserving their identity within the European Union.



Association Community integration initiatives – Bulgaria

The association was established in 2014 as a youth focused NGO by a group of young people, to promote a range of services for youth and to organise activities corresponding to the needs of youth for their better integration in the community life. Main directions are: transfer of basic and average knowledge in economy, finance and accountancy to young people without special education in the mentioned fields; organisation of events for improved social environment, communication and exchange, for training in self-organising for voluntary community actions; knowledge transfer in areas of interest of young people; organising open door activities, cultural and sport events for children and young audiences;



Center for Heritage Interpretation – Bulgaria

CHI is a non-profit organization with wide range of heritage related and networking activities, guiding the experience and enjoyment of people.

Its aim is to make people, young or old, inspired by heritage and listening to the past and the sounds of Nature.



AMESCI – Italy www.amesci.org

AMESCI is a national no profit organization, established in 1996 and based in Naples (Italy) with the aim to foster and support the empowerment of youth generations as keystone of processes of change in the society. To respond such a challenge it organizes training, projects and networking activities to help young people to develop their knowledge, their abilities and competencies, promoting a generation of citizens who are able to combine professionalism and social responsibility.

The project YCARHe is co-funded by programme Erasmus+ - European Union programme for education, training, youth and sport _ under the scope of “Strategic partnership in the field of Youth”.

Learn about this programme:

http://ec.europa.eu/programmes/erasmus-plus/opportunities-for-organisations/innovation-good-practices/strategic-partnerships_en

The workshop

Background

The frame of reference of the training program YCARHe – Young Citizens in Action for Rural Heritage – should **strengthen the quality and the innovation of non formal educational methods targeting young people in the field of rural heritage**, with two main objectives towards young people:

- Attracting young people to their heritage / Make them discovering local rural heritage / Getting them acquainted with their local heritage;
- Empowering young citizen through Heritage / Promoting and supporting heritage-based projects fronted young people.

For that purpose, the project developed a pedagogical frame composed of a process and activities. The Transnational Training & Creative Workshop SUPPORTING YOUTH ACTIVE CITIZENSHIP THROUGH RURAL HERITAGE is the first milestone in the project progress. It consists of a test, a development and enrichment of the YCARHe methods by:

- The delivering of the activities
- The feedback on these by participants / by the group
- The contribution of participants from their own experience

Objectives for participants

The Transnational Training & Creative Workshop SUPPORTING YOUTH ACTIVE CITIZENSHIP THROUGH RURAL HERITAGE will gather 26 Youth workers and Cultural & Natural Heritage Professionals from 5 European countries.

Participants will develop and/or strengthen their knowledge and skills in:

- heritage interpretation,
- easy-use of media for introducing youth to their heritage,
- youth groups' management,
- promotion and support of youth for heritage-based projects.



Workshop Method

The YCARHe workshop proposes an active and participatory method - exercises based on field work / games / simulations-practice – which also includes exchange of practices among learners and a continuous assessment process.

One key feature of the Workshop is the interdisciplinarity of the group of participants. The complementarity of knowledge and expertise between youth workers and heritage facilitators will give opportunity for mutual enrichment and for the development of a European frame of reference for the training of youth leaders and rural heritage animators, able to be used and disseminated by the participants.

Practical information

Where will you stay

- Accommodation

In Aegina:

You will stay at traditional apartments in the center of the small City of Aegina, in double or triple rooms.



Light lunches will be served at the working place. Diners will be organized in a local restaurant.

In Athens

Hotels in the center of Athens (*to be specified*).

- Working place:

In Aegina



A working place (2 working rooms in the basement, 1 studio on the 1st floor, 2 toilettes, 1 balcony, air-conditioned) will be available at the [Drury University Center](http://www.druryuniversitycenter.gr/) for the 5 first days of the Campus.

Equipment available: 3 computers, Internet connection - Wifi

In Athens



At Europe Direct, in the center of Athens (Metro: Panepistimio) will welcome us for the last day of the workshop.
<http://europedirect-cityofathens.gr/>

Checklist!

For your comfort:

- light clothes (and something warmer for the nights) – check the meteo before leaving for Greece!
- swim suit (towel will be provided on request)
- sunscreen and hat
- comfortable shoes for walking
- USB or flash disk (if you want to use the PC at Drury Center)

When available, bring with you:

- your laptop
- your camera

Some interesting links

Project HeriQ: Heritage Story Telling – Quality Interpretation <http://heriq.org/>

Interpret Europe (European Association for Heritage Interpretation)
<http://www.interpret-europe.net/top.html>

UNESCO World Heritage Youth Forums <http://whc.unesco.org/en/youth-forum/>

EUROPA NOSTRA <http://www.europanostra.org/>

Your trainers

Daniela GEORGIEVA, Ph.D.

BULGARIA

Community integration initiatives

Co-founder

Languages : ENG

Graduate in accounting and finance. Today a chief assistant professor in International Business School in Bulgaria. Main interests: education and innovative ways of learning.



Valya STERGIOTI

GREECE

Mediterranean Centre of Environment

Interpretive Trainer/Planner

Languages : Greek, English, French

After finishing my MSc in Environmental Decision Making, I became an interpretive trainer and planner, working with guides and NGOs in Greece and Europe. I'm interested in non-typical education for adults as well as younger audiences.



Guido SPACCAFORNO

ITALY

AMESCI

Project manager Europe Department

Languages : ENG – FR - IT

Social and Penal mediator. Expert in conflict management and intercultural dynamics, since 1997 he is accredited at the National Department for youth as trainers for volunteers participating to National Civil Service programs and European Volunteering Service. Main interest: non-formal education, coaching and youth mobility.



Margarita KAISHEVA**BULGARIA**

Center for Heritage Interpretation
Chairperson of the Managing Board
Languages : BG, ENG, Russian



Graduate in Management of Systems (Cybernetics) and a PhD in Strategic Management. Expertise in management advisory, policy development for various structures, tourism territorial and product development, environment and biodiversity preservation, and since 2006, involved in heritage interpretation and communication, training as well.

Maria LEONIDA**GREECE**

KARPOS, CENTRE OF EDUCATION AND INTERCULTURAL
COMMUNICATION
DIRECTOR
Languages: ENG, FR, GR



Media tutor and film director with a focus in documentary. Maria trained in filmmaking in London and Denmark. She holds a BA in History and an MA in Art History. Co founder and Director of a no profit specialising in media literacy and expression through images and sounds.

Armonie SEGOND**FRANCE**

Union APARE-CME
Project development in Heritage
Languages : FR – ENG

Master studies in heritage interpretation at the university Paul Valery in Montpellier.
Today coordinator of international workcamp (built heritage)
My interest: tangible and intangible heritage, intercultural issues

Daniel ŠANTIC**CROATIA**

Udruga za otocni razvoj "Brac"
pedagogical advisor
Languages : HR - ENG



Graduate in Philosophy and Pedagogy. Today working in elementary school as school pedagogue (pedagogical advisor). Main interests: active civic participation in improving life in community – organizing events and encouraging young people.

Sandy COLVINE

FRANCE

Union APARE-CME

Project coordinator

Languages: ENG - FR

Consultant in Rural Development and European Programmes.
Trainer in heritage interpretation.



Coordinators

JAY Anne-Gaëlle

FRANCE

Union APARE-CME

International project manager

YCARHe Project leader

Languages : FR – ENG

Graduate in political science and European project management. Today coordinator of Euro-mediterranean projects in the fields of environment, heritage and youth.
Main interests : intercultural issues / youth mobility and youth empowerment.



Isabelle Trinquelle

GREECE

Mediterranean Center of Environment

European Project manager

Languages: ENG – FR - GR

PhD in Environmental Law.

French consultant established in Greece, she is collaborating with the MCE since 2001. She is working on European projects development in the field of Sustainable local development, Non formal Education, Governance and Public participation, more specifically in the Euro-mediterranean and Balkan Regions.



Agenda	Day 1 Saturday 03/09	Day 2 Sunday 04/09	Day 3 Monday 05/09	Day 4 Tuesday 06/09	Day 5 Wednesday 07/09	Day 6 Thursday 08/09
Theme of the day	Introduction to YCARHe project and workshop	Attracting young people to their heritage: Discovering local heritage	Attracting young people to their heritage: Easy-to-use media for introducing youth to their heritage	Empowering young citizen through Heritage: Promoting and supporting heritage-based projects	Hands-on session: Development of pilot	Feed-back / evaluation and improvement of the Frame of reference
Place	Aegina – Drury University	Aegina – Drury University	Aegina – Drury University	Aegina – Drury University	Aegina – Drury University	Athens – Europe Direct Room
9:00 – 11:00	Presentation of YCARHe project and objectives of the workshop <div>Anne-Gaëlle JAY Valya STERGIOTI Sandy COLVINE</div> The project “Paths of Culture” in Aegina <div>Henry-Paul COULON</div>	What is heritage ? <div>Activity Valya STERGIOTI</div>	From soundscapes to visual storytelling <div>Indoor and outdoor activity Maria LEONIDA</div>	Team building and Conflict management : > Game ball and time challenge > Juice or cake? <div>Games Guido SPACCAFORNO</div>	Check-out from the hotels Project development: supporting youth participation on a rural heritage local project National groups work National facilitators Coordination : Anne-Gaëlle JAY	Helps the YCARHe trained workers! <div>Activity Sandy COLVINE</div> Feedback on learning process <div>Discussion Anne-Gaëlle JAY</div>
11:00 – 11:30	Coffee break	Coffee break	Coffee break	Coffee break	National groups work National facilitators Coordination : Anne-Gaëlle JAY	Coffee break
11:30 – 13:00	How important is my own personal heritage ? <div>Activity Sandy COLVINE</div>	Connecting Heritage and Local Sustainable development <div>Activity Daniel Santic</div>	From soundscapes to visual storytelling <div>Activity / Practice Maria LEONIDA</div>	Heritage based activities with young people > International workcamps and campuses <div>Presentation Armonie SEGOND</div> > Creative activities : examples from Brac (KR) <div>Presentation Daniel SANTIC</div>	National groups work National facilitators Coordination : Anne-Gaëlle JAY	Contribution to frame of reference : key concept <div>Activity</div> Workshop evaluation <div>Questionnaire</div>
13:00 – 14:00	Light lunch	Light lunch	Light lunch	Light lunch	Light lunch	Light lunch
14:00 – 16:30	Drawing our rural reality <div>Activity Guido SPACCAFORNO</div>	Interpretation, the mystery solved <div>Activity Sandy COLVINE</div>	From a visit to the web <div>Activity / Practice Maria LEONIDA</div>	Local partnership and Heritage based projects :> Those who surround us <div>Role game - Valya STERGIOTI</div> > Involvement of young people in citizen activities <div>Presentation – Daniela Georgieva</div>	Project development: (follow-up) National groups work National facilitators Coord : Anne-Gaëlle JAY	Defining the best tools to involved youth : Presentation of the results hands-on session (10' max per group) Competition: the Best presentation! Closure / Certificate of participation
16:30 – 17:00	Daily assessment: METAPLAN Tools presentation	Daily assessment: METAPLAN Tools presentation	Daily assessment: METAPLAN Tools presentation	Daily assessment: METAPLAN Tools presentation	Daily assessment: METAPLAN Tools presentation	
17:00 – 19:00	Visit of Aegina City: Scrutinizing local heritage! <div>Field visit Daniel Santic</div>		Visit Medieval village of Palaiochora OR Pistachio's plant of H.P Coulon Visits to be confirmed	Preparation of Day 5: presentation and discussion in national teams Group work National facilitators	18:00 Departure to Athens	
19:00 – 21:00		Presentation of National rituals <div>Activity Margarita Kaisheva</div>	Game on heritage interpretation <div>Game Valya Stergioti</div>			
21:00 -	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner